



The Mental Health Center of Greater Manchester

Cultivating A Suicide Safer Community

Call NH Rapid Response at 833-710-6477 or call or text 988 if you or someone you know is in crisis

We Believe Suicide Prevention Is Everyone's Business



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ORGANIZATIONS WORKING TOGETHER

Through grant support from SAMSHA, MHC GM is proud to partner with the Manchester VA and the Health Care for the Homeless program with the goal of creating a suicide safer community.

Myth Busted!

Myth: People who talk about suicide won't ever attempt suicide
FALSE

Someone talking about ending their life, even jokingly, is a risk factor for suicide. Ask directly if they are thinking about ending their life and get help if needed.



TALKING SAVES LIVES!

Reducing Risk and Improving Outcomes

We've implemented policies and practices in line with the national Zero Suicide Initiative so we can weave a tighter net to protect against suicide in our community.

In 2025...

1.8K

REFERRALS FOR MENTAL HEALTH SERVICES



87%

MISSED APPOINTMENTS FOLLOWED UP WITHIN 8-HOURS FOR THOSE AT RISK

3.0K

POST-CRISIS CARING CONTACTS PROVIDED

8.4K

PEOPLE SCREENED FOR SUICIDE RISK

6.6K

PEOPLE WITH A PLAN TO STAY SAFE

Training

Training, for both staff and the Manchester Community, is a key part of suicide prevention, and that's what MHC GM provides.

In 2025...

1105

TRAINING HOURS FOR MHC GM STAFF IN SUICIDE SAFETY

425

PEOPLE RECEIVED TRAINING IN SUICIDE PREVENTION

144

TRAININGS TO STAFF AND PUBLIC FUNDED