



The Mental Health Center of Greater Manchester

Cultivating A Suicide Safer Community

Call
833-710-6477
or go to [NH988.com](https://nh988.com) if
you need urgent help
with a mental health
or substance abuse
issue

We Believe Suicide Prevention Is Everyone's Business

Through grant support from SAMSHA, MHCGM is proud to partner with the Veteran's Administration and Catholic Medical Center with the goal of a safer community through reducing suicide.

 **3**
**ORGANIZATIONS
WORKING
TOGETHER**

Myth Busted!

Myth: *Most suicides happen without warning.*

FALSE

There are warning signs, both in how people act and what they say. [Click Here](#) to read what they are from the National Alliance on Mental Illness.

 **COMMUNICATION
SAVES LIVES**

Reducing Risk and Improving Outcomes

We've implemented policies and practices in line with the national Zero Suicide Initiative so we can weave a tighter net to protect against suicide in our community.

In 2024...

2.0K

REFERRALS FOR
MENTAL HEALTH
SERVICES



88%

MISSED APPOINTMENTS
FOLLOWED UP
WITHIN 8-HOURS
FOR THOSE AT RISK

3.0K

POST-CRISIS CARING
CONTACTS PROVIDED

8.4K
PEOPLE SCREENED FOR
SUICIDE RISK

6.7K

PEOPLE WITH A PLAN
TO STAY SAFE

Training

Training, for both staff and the Manchester Community, is a key part of suicide prevention, and that's what MHCGM provides.

In 2024...

1404

TRAINING HOURS FOR
MHCGM STAFF IN
SUICIDE SAFETY

464

STAFF RECEIVE
TRAINING IN SUICIDE
PREVENTION

178

TRAININGS TO
STAFF AND PUBLIC