



Zero Suicide Initiative at MHC GM

One Is Too Many

Call
833-710-6477
or go to NH988.com if
you need urgent help
with a mental health
or substance abuse
issue

Suicide Prevention Is Everyone's Business

Through grant support from SAMSHA, MHC GM is proud to partner with the Veteran's Administration and Catholic Medical Center with the goal of a safer community through reducing suicide.



3
ORGANIZATIONS
WORKING
TOGETHER

Myth Busted!

Asking someone about suicidal thought does not increase the risk of suicide. When having those conversations, you want to create an open, supportive space for someone to talk, then get them connected to help.



COMMUNICATION
SAVES LIVES

Reducing Risk and Improving Outcomes

We've implemented policies and practices in line with the national Zero Suicide Initiative so we can weave a tighter net to protect against suicide in our community.

In 2022...

2.7K

REFERRALS FOR
MENTAL HEALTH
SERVICES



89%

MISSED APPOINTMENTS
FOLLOWED UP
WITHIN 8-HOURS
FOR THOSE AT RISK

2.3K

CRISIS FOLLOW-UPS
PROVIDED

9.5K

PEOPLE SCREENED FOR
SUICIDE RISK

6.6K

PEOPLE WITH A PLAN
TO STAY SAFE

Training

Every Year...

344

TRAINING HOURS FOR
MHC GM STAFF IN
SUICIDE SAFETY

130

STAFF RECEIVE
TRAINING IN SUICIDE
PREVENTION

75

TRAININGS TO
STAFF AND PUBLIC

Training, for both staff and the Manchester Community, is a key part of suicide prevention, and that's what MHC GM provides.