

## What is Individual Placement and Support (IPS)?

Individual Placement and Support (IPS) is a model of supported employment for people with serious mental illness. IPS supported employment helps people identify, obtain, and maintain employment in a job of their preference. Although variations of supported employment exist, IPS refers to the evidence-based practice of supported employment. Mainstream education and technical training are included as ways to advance career paths to assist in individuals in their recovery and being active members of the local community.

## Why does IPS work?

IPS is an evidence-based practice, meaning it has been proven to be effective in two or more scientific studies. IPS is offered in 26 States and 7 Countries around the world and all are held to the same fidelity measures.

## The 8 IPS Principles are:

- Open to individuals who want to work
- Focuses on competitive employment
- Rapid job search
- Targeted job development
- Client preferences guide decisions
- Individualized, long-term supports
- Integrated with treatment
- Benefits counseling included



## What can the IPS Specialists support you with?

- Assisting you with reviewing work history and looking into your “Dream Job”
- Resume building
- Interview preparation
- Offering support on job applications and in interviews
- Working with you on identifying and problem-solving challenges on the job
- Working with you on coping skills and techniques for symptom management at work
- Helping you learn how to utilize the public transportation system
- Benefits education and counseling with our Certified Work Incentive staff to give you a greater understanding of your benefits
- Reviews how work could affect those benefits and the process for reporting earnings to social security.
- Helping to negotiate accommodations with your employer if you would like
- Building connections within the community with employers
- Connecting you with Vocational Rehabilitation or other local education and training opportunities for the field you are aiming towards



Ask your treatment team about completing a referral for you to become involved with IPS.

We look forward to helping you along your journey to recovery.



*The Mental Health Center is a 501(c)3 charitable organization, serving more than 11,000 individuals each year. Nationally recognized for our treatment programs and leading-edge system of care, the MHCGM is the largest outpatient mental health provider in the state of NH and provides comprehensive behavioral health care services for individuals of all ages, with a focus on restoring health and improving quality of life.*

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*Working Towards Recovery*



The Mental Health Center  
of Greater Manchester