

REAP the Benefits!



Do you want to talk with someone who can help you handle life's challenges?

REAP can help you maintain your independence.

REAP is available to all older adults in the community.

REAP is:

- FREE
- CONFIDENTIAL and
- HOME-BASED

**New Hampshire's
REFERRAL
EDUCATION
ASSISTANCE &
PREVENTION
PROGRAM
CAN HELP**

Contact Your REAP Counselor at:

The Mental Health Center
of Greater Manchester 

REAP Counselor - (603) 836-4599



1-866-634-9412

REAP is supported by:



NH DHHS BUREAU OF DRUG AND ALCOHOL SERVICES
NEW HAMPSHIRE HOUSING
NH DHHS BUREAU OF ELDERLY AND ADULT SERVICES
NH DHHS BUREAU OF BEHAVIORAL HEALTH AND
NEW HAMPSHIRE'S 10 COMMUNITY MENTAL HEALTH CENTERS