Individual Placement & Support (IPS)

IPS is a model of supported employment for people trying to recover from a mental illness. The goal of supported employment is to help people with mental illness find and keep regular jobs in the community. Work helps consumers in their efforts to get on with life beyond mental illness. It enables them to become an active part of the community and contribute to it.

Why Does IPS Work?

IPS is an Evidence-based Practice, meaning it has been proven to be effective in two or more scientific studies. The principles of IPS include:

- Any consumer who chooses to work is eligible
- Supported employment is integrated with treatment
- Regular community employment is the goal
- Job search starts soon after a consumer expresses interest in working.
- Follow-along supports are continuous
- Consumer preferences are important

The IPS Employment Specialist:

- Can help with deciding what kind of job you want
- Can help you look for jobs
- May accompany you to interviews if you wish
- Can help you learn how to handle problems that may come up while on the job
- Can help you manage the symptoms of your mental illness at work
- Can help you learn how to take public transportation
- Can help you understand how work might affect your benefits
- Can help you negotiate accommodations with your employer
- Systemic job development

Community Support Services

A Program of

The Mental Health Center of Greater Manchester
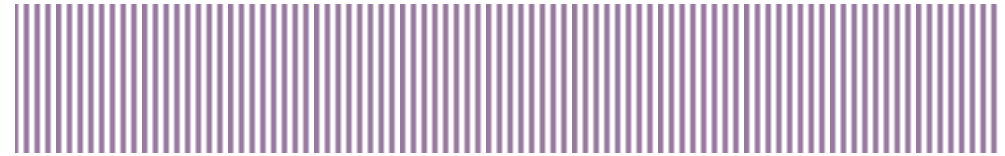1555 Elm Street
Manchester, NH 03101

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For more information visit:
www.mhcgm.org

The Mental Health Center
of Greater Manchester

The Mental Health Center is a 501(c)3 charitable organization, serving more than 11,000 individuals each year. Nationally recognized for our treatment programs and leading-edge system of care, the MHCGM is the largest outpatient mental health provider in the state of NH and provides comprehensive behavioral health care services for individuals of all ages, with a focus on restoring health and improving quality of life.

Individual Placement

And Support (IPS)

Working Towards Recovery

The Mental Health Center
of Greater Manchester