

ELIGIBILITY CRITERIA

1. A Network4Health Partner client who experiences a behavioral health disorder, and is Medicaid eligible.
2. Has at least three of the following functional impairments:
 - At risk of homelessness
 - Lack of positive social support/natural supports network
 - Inability to perform activities of daily living adequately
 - Lack of basic subsistence needs (food stamps, benefits, medical care, and transportation)
 - Inability to manage money
 - Substance use with negative impact
 - Unemployment/underemployed/
lack of employment skills
 - Suicide risk

Individuals eligible for Care Transitions must be living in the Greater Manchester, Greater Derry or Greater Salem area.

Individuals eligible for Care Transitions must be navigating one of the following critical transitions:

- *Discharge from inpatient settings (medical or psychiatric)*
- *Community Reintegration (release from correctional facility)*
- *Transition from youth behavioral health care delivery system to adult behavioral health care system.*



At the end of the nine months, individuals receiving CTI will be engaged with desired and appropriate community-based services who can provide ongoing support.

To make a referral to the Care Transitions Program please call (603) 606-8084

CARE TRANSITIONS TEAM



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What is CTI (Critical Time Intervention)?

Critical Time Intervention (CTI) is an intensive, 9 month, case management model designed to assist adults age 18 years and older and youth 16 or 17 years old with a behavioral health disorder who are going through critical transitions, and who have functional impairments which preclude them from managing their transitional needs adequately.

CTI promotes a focus on recovery and bridges the gap between institutional living and community services. CTI differs from traditional case management because it is time limited, focused, and follows a three phased approach (0-3 months, 3-6 months, 6-9 months). Unlike some other models, timing of movement through the phases is defined by the program model, not the readiness of the individual.

Four core principles that define CTI's Alternative Approach

1. Focuses on a critical transition period, and is time-limited
2. Enhances continuity of care and prevents recurrent homelessness and hospitalizations.
3. Identifies and strengthens formal and natural community supports.
4. Complements rather than duplicates existing services.