# Training Insights

## AUGUST 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Fee/Registration</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 14, 2019</td>
<td>Ethics for Peer Recovery Supports</td>
<td>NHADACA</td>
<td>$85; Non-Members: $100; Non-Members with NASW/NBCC: $105</td>
<td>130 Pembroke Road, Suite 100, Concord, NH 03301</td>
</tr>
<tr>
<td>August 16, 2019</td>
<td>Military Culture</td>
<td>Lakes Region MH Center</td>
<td>$25.00 + $5 if NASW/NBCC needed</td>
<td>40 Beacon St. E, Laconia, NH 03246</td>
</tr>
<tr>
<td>August 29th, 2019</td>
<td>LEAP Training Harry Cunningham, LICSW</td>
<td>The Mental Health Center of Greater Manchester</td>
<td>$150.00 6.0 credits *</td>
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</tbody>
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## SEPTEMBER 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Fee/Registration</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 3rd, 2019</td>
<td>Behavioral Family Therapy Harry Cunningham, LICSW</td>
<td>The Mental Health Center of Greater Manchester</td>
<td>$150.00 6.0 credits *</td>
<td></td>
</tr>
<tr>
<td>September 5th, 2019</td>
<td>Understanding Parity: Ensuring Equitable Health Insurance Coverage for MH &amp; SUD Treatment</td>
<td>NHADACA</td>
<td>$25.00 +$5 if NASW/NBCC needed</td>
<td>130 Pembroke Road, Suite 100, Concord, NH 03301</td>
</tr>
<tr>
<td>September 12th, 2019</td>
<td>Trauma-Informed Yoga</td>
<td>PESI</td>
<td>$199.00 (pp for 2 or more registering)</td>
<td>Executive Court Conference Center</td>
</tr>
<tr>
<td>September 18th, 2019</td>
<td>ProHealth NH Conference 2019: ProHealth4 Youth &amp; Young Adults</td>
<td>NHTI in Concord, NH</td>
<td>No Cost 3.5 CME/CEU’S *</td>
<td>NHTI, Concord, NH</td>
</tr>
</tbody>
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Registration Closed
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
<th>Location</th>
<th>Fee</th>
<th>Hours</th>
<th>To Register</th>
</tr>
</thead>
</table>
| September 18th, 2019    | 9:00am – 4:30pm | TMBI (Teachable Moment Brief Intervention)  
“Train the Trainer”  
Dr. Stephen O’Connor  
Associate Director for the University of Louisville | The Mental Health Center of Greater Manchester | $175.00  
6.0 credits |         | [https://www.mhcgm.org/events/](https://www.mhcgm.org/events/)  
Charlene Kach 603-854-8384  
kachchar@mhcgm.org |
| September 19th, 2019    | 9:00am – 4:30pm | Motivational Interviewing II (INTERMEDIATE)  
Michael Bradley, MA, LCMHC, MLADC | The Mental Health Center of Greater Manchester | $150.00  
6.0 credits |         | [https://www.mhcgm.org/events/](https://www.mhcgm.org/events/)  
Charlene Kach 603-854-8384  
kachchar@mhcgm.org |
| September 20th, 2019    | 9:00am – 12:30pm| CALM  
Pete Costa, LICSW | The Mental Health Center of Greater Manchester | $75.00  
3 credits |         | [https://www.mhcgm.org/events/](https://www.mhcgm.org/events/)  
Charlene Kach 603-854-8384  
kachchar@mhcgm.org |
| September 26th, 2019    | 9:00am – 4:30pm | Stages of Change  
Michael Bradley, MA, LCMHC, MLADC | The Mental Health Center of Greater Manchester | $150.00  
6 credits |         | [https://www.mhcgm.org/events/](https://www.mhcgm.org/events/)  
Charlene Kach 603-854-8384  
kachchar@mhcgm.org |
| September 30th and October 1st, 2019 | 9:00am – 4:30pm | DBT Skills Training for Non-DBT Practitioners  
Diane DiStaso, M.Ed., CCBT, Cathy Main, LICSW, and Carin Whelehan | The Mental Health Center of Greater Manchester | $300.00/2 day  
12 credits |         | [https://www.mhcgm.org/events/](https://www.mhcgm.org/events/)  
Charlene Kach 603-854-8384  
kachchar@mhcgm.org |
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| October 4th, 11th, 18th, 25th and November 1st, 2019 | DBT Skills Training: Borderline Personality Disorder  
Patricia Carty, MS, CCBT  
Catharine Main, LICSW  
Diane DiStaso, M.Ed., CCBT;  
Meghan Coyle, LICSW;  
Charles Schindler, LICSW; and  
Ryan Hindenach, MA  | The Mental Health Center of Greater Manchester  | $750  
30 credits *  
Includes Manual and DBT Skills Training Handouts and Worksheets/ by Marsha Linehen  |
| October 8th, 2019    | Motivational Interviewing for Adolescents and Young Adults  
Danielle Guinnesso, LCMHC  | The Mental Health Center of Greater Manchester  | $150.00  
6 credits *  |
| October 10th, 2019   | Cultural Effectiveness  
Pam Hoskins, LICSW and Kim Calhoun, LICSW  | The Mental Health Center of Greater Manchester  | $75.00  
4 credits *  |
| October 14th, 15th, 16th, 21st, 22nd, 23rd, 28th, 29th, and 30th, 2019 | Certified Recovery Support Worker (CRSW) Academy Training  
Bret Smith, CRSW, CPS/Ginger Ross, CRSW  | The Mental Health Center of Greater Manchester  | $200.00  
54.0 contact hours  |
| October 17th, 2019   | Cognitive Behavioral Therapy (CBT)  
Michael Bradley, MA, LCMHC, MLADC  | The Mental Health Center of Greater Manchester  | $150.00  
6.0 credits *  |
## NOVEMBER 2019

| Date               | Time            | Event                                                                 | Location                                                                 | Cost          | Credits | To register                                                                 |
|--------------------|-----------------|                                                                      |                                                                          |              |         |                                                                            |
| November 1st, 2019 | 9:00am – 4:30pm | Motivational Interviewing  
Michael Bradley, MA,  
LCMHC, MLDC, and  
Jennifer Boudreau,  
LCMHC  
  The Mental Health  
  Center of Greater  
  Manchester       | MHCGM  
BCA  
2 Wall Street, 2nd  
Floor  
Manchester, NH 03101 | $150.00  
6 credits  
* | MHCGM  
Blodget St. Training Rm  
5 Blodget St.  
Manchester, NH 03104 | To register:  
https://www.mhcgm.org/events/  
Charlene Kach 603-206-8609  
kachchar@mhcgm.org |
| November 6th and 7th, 2019 | 9:00am – 4:30pm | Enhanced Illness Management and Recovery (IMR)  
Jennifer Boudreau,  
LICSW, Jennie Frechette,  
MA, and Carly Peicott,  
MA  
  The Mental Health  
  Center of Greater  
  Manchester       | MHCGM  
Blodget St. Training Rm  
5 Blodget St.  
Manchester, NH 03104 | $300.00/2-day  
12.0 credits  
*  
Workbooks available for  
$35.00 | MHCGM  
Blodget St. Training Rm  
5 Blodget St.  
Manchester, NH 03104 | To register:  
https://www.mhcgm.org/events/  
Charlene Kach 603-854-8384  
kachchar@mhcgm.org |
| November 7th, 2019 | 8:00am – 4:00pm | 16th Annual Suicide Prevention Conference  
NAMI  
  Grappone Center  
Concord, NH |  | Early registration  
$90.00 |  |  |
| November 19th, 2019 | 9:00am – 11:00am | Overcoming Stigma: Strategies for Health Professionals  
Nancy Hollinshead, MSW;  
Kimberly Meurillon,  
LCMHC; and Bret Smith,  
CRSW  
  The Mental Health  
  Center of Greater  
  Manchester       | MHCGM  
Blodget St. Training Rm  
5 Blodget St.  
Manchester, NH 03104 | $50.00  
2.0 credits  
* | MHCGM  
Blodget St. Training Rm  
5 Blodget St.  
Manchester, NH 03104 | To register:  
https://www.mhcgm.org/events/  
Charlene Kach 603-854-8384  
kachchar@mhcgm.org |

## DECEMBER 2019

| Date               | Time            | Event                                                                 | Location                                                                 | Cost          | Credits | To register                                                                 |
|--------------------|-----------------|                                                                      |                                                                          |              |         |                                                                            |
| December 5th, 2019 | 9:00am – 4:30pm | IDDT  
Michael Bradley, MA,  
LCMHC, MLADC; Harry  
Cunningham, LICSW; and  
Jen DeVoe, LCMHC  
  The Mental Health  
  Center of Greater  
  Manchester       | MHCGM  
Blodget St. Training Rm  
5 Blodget St.  
Manchester, NH 03104 | $150.00  
6.0 credits  
* | MHCGM  
Blodget St. Training Rm  
5 Blodget St.  
Manchester, NH 03104 | To register:  
https://www.mhcgm.org/events/  
Charlene Kach 603-854-8384  
kachchar@mhcgm.org |
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| December 18th, 2019   | “Why Didn’t Anyone Ask” Trauma Informed Care, Ethics   | The Mental Health Center of      | $150.00 | 6.0 credits | TBD  
|                       | and the MH Provider Cassie Yackley, Psy.D., PLLC       | Greater Manchester               |         |         | To register:                    |
|                       |                                                        |                                  |         |         | https://www.mhcgm.org/events/    |
|                       |                                                        |                                  |         |         | Charlene Kach 603-854-8384      |
|                       |                                                        |                                  |         |         | kachchar@mhcgm.org              |

*Continuing education credits are available but please contact your licensing/certification board to determine eligibility to meet your continuing education requirements.*

The Mental Health Center of Greater Manchester is a private non-profit community mental health center that has provided mental health services to children, teenagers, adults and seniors for more than 50 years. Our service area includes Bedford, Goffstown, New Boston, Hooksett, Auburn, Candia, Londonderry and Manchester, NH. [www.mhcgm.org](http://www.mhcgm.org)

Why Choose BCA? Bedford Counseling Associates has been serving the needs of the community for more than 25 years. Our exceptional staff can offer a wide variety of counseling services for individuals of all age groups. We provide a comfortable atmosphere in a convenient downtown location, with flexible office hours. [www.bedfordcounseling.org](http://www.bedfordcounseling.org)

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[WWW.MHCGM.ORG](http://WWW.MHCGM.ORG)