

# Have You Scheduled Your Psychiatric Diagnostic Assessment Yet?

Consider scheduling one with Bedford Counseling Associates, the same agency that developed and teaches the Lifestyle Changes course, which is instrumental in helping people develop the tools they need to make lasting changes in their lives.

Bedford Counseling Associates provides state-of-the-art assessments for those contemplating gastric procedures. Our team of highly skilled clinicians includes:

**Kim Ahlgren, LCMHC**

**Sylvia Bradd, LICSW**

**Katrina Jameson, LCMHC**

Each clinician has received specialized training in providing psychiatric diagnostic assessments to give you the best possible care to help evaluate your readiness for surgery and the inevitable lifestyle changes surgery brings.

Convenient appointment times are available including evenings and Saturdays. If you would like to schedule your assessment with Bedford Counseling Associates, please call our Scheduling Department at **603-668-4111**.



**Bedford Counseling  
Associates**

*a program of*



The Mental Health Center  
of Greater Manchester

For more information visit [www.bedfordcounseling.org](http://www.bedfordcounseling.org) or [www.mhcgm.org](http://www.mhcgm.org).