



Skill Enrichment Series

DBT Skills Training *for* Borderline Personality Disorder

Instructors: Patricia Carty, MS, CCBT; Diane DiStaso, M.Ed., CCBT; Catharine Main, LICSW; Meghan Coyle, LICSW; Charles Schindler, LICSW; and Ryan Hindenach, MA

Dates: Friday, March 8, 2019
Friday, March 15, 2019
Friday, March 22, 2019
Friday, March 29, 2019
TIME: 8:30am - 4:30pm - all 4 days
AND –April 5, 2019 from 8:30am -12:45pm

Time: 8:30 a.m. – 4:30 p.m. unless otherwise noted (**Lunch is on your own**)

Location: The Mental Health Center of Greater Manchester / **CSS LIBRARY**
1555 Elm Street, Manchester, NH

Cost:

- **\$500 (includes latest DBT Skills Training Handouts and Worksheets manual)**
- Please make checks payable to: **MHCGM**
- All MHC-GM Category 1 & 2 employees may attend free of charge.

Registration: Class size is limited. Please complete and submit the attached registration form **as soon as possible**.

Description: Practitioners attending this course will learn the Dialectical Behavior Therapy (DBT) model of treatment as developed by Marsha Linehan, Ph.D. The content will include: the theory of dialectical and biosocial theory; individual and group skills training; case management, structural, problem-solving, dialectical, validation and stylistic strategies; phone strategies; crisis intervention/suicidal strategies and behavioral analysis and self-validation issues.

Contact Hours:

- This activity has been approved for 30.0 Category I Continuing Education Credits for relicensure by the NH-NASW - Workshop #475
- The Mental Health Center of Greater Manchester is an approved provider of continuing nursing education by the Northeast MultiState Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. The participant will be awarded 30.0 contact hours for attending this program.
- NH Board of Licensing for Alcohol and Other Drug Use Professionals has approved this training for 30.0 credits.

Presented by: The Mental Health Center of Greater Manchester, Manchester, NH



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REGISTRATION FORM – March/April 2019

- Cost:**
- \$500
 - Please make checks payable to: **MHCGM**
 - All MHC-GM Category 1 & 2 employees may attend free of charge.

Checks or electronic transfer payments must be sent with a completed registration form for each participant to:

MHCGM

ATTN: Charlene Kach, Continuing Education

2 Wall Street, Manchester, NH 03101

Tel: 603-854-8384 – Fax: 603-792-6965

E-MAIL: kachchar@mhcgm.org

Name: _____ Credentials: _____ Degree: _____

Company: _____

Address: _____

City: _____ State _____ Zip Code: _____

Phone: (____) _____ E-mail: _____

(Required for confirmation & directions)

Registration fee in the amount of \$ _____ Master Card Visa

Credit Card #: _____ Expiration Date: _____ CVV code on back _____

Name on Card: _____ Signature: _____

Billing Address of Credit Card: _____

Date Received by MHC-GM: _____

Reservation #: 005501-

To register and pay online by credit card: <https://www.mhcgm.org/events/>

If using your personal credit card please provide the credit card billing address.

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