RENEW: A program that promotes detoxification and total wellness for individuals struggling with substance misuse.

• Reduce (exposure to toxins in your environment)
• Eliminate (current toxins in your body)
• Nourish (your body’s cells to support their natural structure, function, and capacity to detoxify)
• Energize (through exercise, physical activity, and relaxation)
• Wellness (is a way of life)